

Are you changing  
your insulin?



Novo Nordisk Customer Care  
**0845 600 5055**

Calls charged at local rate.  
Calls may be recorded for training purposes.  
Monday to Friday: 08.30 – 17.30  
(Excluding bank holidays)

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This leaflet explains why and how it might affect you.



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More information on your new  
insulin will be available from  
your doctor or diabetes nurse.



## Why do I need to change my insulin?

At Novo Nordisk we're always working to produce better insulins and insulin delivery devices for everyone. Human insulins, like Mixtard®, were first produced over 20 years ago. Since then our understanding of insulin has progressed significantly and we have developed newer products and delivery devices.

The modern (analogue) insulins were introduced in the last eight years. Now that these newer insulins are available, fewer people have been using the older insulins. We want to focus our efforts on continuing development. That's why, at Novo Nordisk, we've decided to stop producing the older, less well-used insulins.

## Will my injection device change as well?

You may have to change your device. Both the older and the newer insulins are available in different types and makes of injection devices:

### **Durable insulin pens (re-usable)**

Durable pen injector devices can be re-filled with insulin cartridges that contain enough insulin for several injections.

### **Pre-filled insulin pens (disposable)**

A pre-filled insulin pen can be used several times but once the insulin is finished, the pen is discarded.

### **Bottle of insulin (vial), syringe and needle**

With a bottle (vial) of insulin, you use a conventional syringe and needle to draw up the insulin before giving each injection.

Your diabetes care team can help you choose a device that fits your needs and they will also show you how to use it.

## Anything else?

Your doctor or diabetes nurse will be able to answer any other questions you might have.